

**A REPORT COMPARING RESULTS IN EJEA, SPAIN AND KANGASALA, FINLAND:  
SURVEY ON THE USE OF SOCIAL MEDIA AND TECHNO ADDICTIONS  
School year 2020-2021**

**Sample: 439 students**

EJEA: 190 answers (12-16 years old students in Secondary Education, 43% male and 57% female)

KANGASALA: 249 answers (15-16-year-old students in Secondary Education, 55% male and 45 % female)

**Age, when the students registered on social media:**

EJEA: 90% of students joined social media aged 12 years or older.

KANGASALA: 92% of students joined social media aged 12 or younger  
51% of the students were 10 years old or younger

**The most popular apps:**

EJEA: Instagram, WhatsApp, Youtube, Spotify and Google +

KANGASALA: Snapchat, Spotify, Youtube, Instagram

**Reasons for using social media:**

EJEA: students mainly use social media to chat or send messages, to view pictures or videos, to contact others, to listen to music, to follow influencers and brands.

KANGASALA: students mainly use social media to chat or send messages, to listen to music, to contact others, to publish pictures or videos, to meet new people

**Personal data included publicly in online profiles:**

EJEA: around 90% of students have published their names, surnames and pictures on social media. 17% have shared their phone number, 21% their email, and 3% their postal address

KANGASALA: on social media, around 89 % of students have published their first name, 63% surnames, 56% their pictures, 42% e-mails, 28 % phone numbers, 10% postal address.

**Time dedicated to social media every day\*:**

EJEA: Almost 50% of students dedicate more than 10 hours a week on social media, and 30% more than 15%.

KANGASALA: 42 % of students spend 6-10 hours on social media a day, and 7% of students more than 10 hours a day.

\*According to a 2015 research of the National Health Institute in the US, people who spend two or more hours in social media have more possibilities of suffering mental health problems.

### **Problems experienced on social media:**

EJEA: 13% of students (36 of them) have been insulted or threatened on social media, and 9% have suffered from personal data theft. Besides, 10% have suffered from non-desired sexual proposals.

The most worrying information is that about 15 % of students (29 students) have admitted talking to unknown people via social media, 9% of students (18 students), have a fake account, 8 % of students (16) have all their personal information online for the public and 12 % (23) do not control at all what type of personal information they upload to social media.

Besides, 23 % (44) students have suffered the upload of pictures of videos of them without their content, and 22% (42) have facilitated their passwords to friends.

KANGASALA: 29 % of students have been insulted or threatened on social media, and 27% have suffered from personal data theft. Besides, 34 % have suffered from non-desired sexual proposals, 12 % have had problems related to sharing personal information, 11 % have suffered from blackmailing or stalking. Luckily, 50 % of the students haven't experienced any problems on social media.

A lot of students, 62 % (156 students), have talked to unknown people on social media, 27% (68 students) have a fake account, 22 % have their personal information online accessible to anyone, and 72 % (181 students) do not control what kind of information they post.

In addition, 42% (105 students) have received threats or insults on social media, 32 % of students said that their videos or pictures have been shared without their permission, and 22% of students have given their passwords to their friends.

### **Bullying on social media:**

EJEA: 59 (26% of) students have helped someone in a situation of cyberbullying.

31 (16 % of) students have admitted uploading pictures or videos of someone without their content, and 70 students (37% of the student population surveyed) know someone who has suffered cyberbullying.

16 (8% of) students admit having forwarded compromising pictures of someone to other Whatsapp groups.

KANGASALA: 103 (41% of) students have helped someone who has been bullied on social media.

60 students (24 % of the student population surveyed) have uploaded pictures or videos of someone without their content,

35 students (14 %) admit having forwarded compromising pictures of someone to other Whatsapp groups.

## **STUDENTS' KNOWLEDGE OF CYBERBULLYING, SEXTING AND GROOMING**

EJEA: In terms of how students perceive internet risks, 72.7 % of students know what *cyberbullying* means; however, only 30.6 % know the word *sexting*, and only 22.5% know what *grooming* is.

KANGASALA: Regarding internet risks, 50% of students know what *cyberbullying* is, and 46 % say that they are not sure. 48 % of the students surveyed know what *sexting* is, and 44% of them are familiar with the word *grooming*.

*results by IES Reyes Católicos and Pikkolan koulu*