

**A REPORT COMPARING RESULTS IN EJEA, SPAIN AND KANGASALA, FINLAND:
SURVEY ON THE USE OF SOCIAL MEDIA AND TECHNO ADDICTIONS
School year 2020-2021**

Sample: 439 students

EJEA: 190 answers (12-16 years old students in Secondary Education, 43% male and 57% female)

KANGASALA: 249 answers (15-16-year-old students in Secondary Education, 55% male and 45 % female)

Age, when the students registered on social media:

EJEA: 90% of students joined social media aged 12 years or older.

KANGASALA: 92% of students joined social media aged 12 or younger
51% of the students were 10 years old or younger

The most popular apps:

EJEA: Instagram, WhatsApp, Youtube, Spotify and Google +

KANGASALA: Snapchat, Spotify, Youtube, Instagram

Reasons for using social media:

EJEA: students mainly use social media to chat or send messages, to view pictures or videos, to contact others, to listen to music, to follow influencers and brands.

KANGASALA: students mainly use social media to chat or send messages, to listen to music, to contact others, to publish pictures or videos, to meet new people

Personal data included publicly in online profiles:

EJEA: around 90% of students have published their names, surnames and pictures on social media. 17% have shared their phone number, 21% their email, and 3% their postal address

KANGASALA: on social media, around 89 % of students have published their first name, 63% surnames, 56% their pictures, 42% e-mails, 28 % phone numbers, 10% postal address.

Time dedicated to social media every day*:

EJEA: Almost 50% of students dedicate more than 10 hours a week on social media, and 30% more than 15%.

KANGASALA: 42 % of students spend 6-10 hours on social media a day, and 7% of students more than 10 hours a day.

*According to a 2015 research of the National Health Institute in the US, people who spend two or more hours in social media have more possibilities of suffering mental health problems.

Problems experienced on social media:

EJEA: 13% of students (36 of them) have been insulted or threatened on social media, and 9% have suffered from personal data theft. Besides, 10% have suffered from non-desired sexual proposals.

The most worrying information is that about 15 % of students (29 students) have admitted talking to unknown people via social media, 9% of students (18 students), have a fake account, 8 % of students (16) have all their personal information online for the public and 12 % (23) do not control at all what type of personal information they upload to social media.

Besides, 23 % (44) students have suffered the upload of pictures of videos of them without their content, and 22% (42) have facilitated their passwords to friends.

KANGASALA: 29 % of students have been insulted or threatened on social media, and 27% have suffered from personal data theft. Besides, 34 % have suffered from non-desired sexual proposals, 12 % have had problems related to sharing personal information, 11 % have suffered from blackmailing or stalking. Luckily, 50 % of the students haven't experienced any problems on social media.

A lot of students, 62 % (156 students), have talked to unknown people on social media, 27% (68 students) have a fake account, 22 % have their personal information online accessible to anyone, and 72 % (181 students) do not control what kind of information they post.

In addition, 42% (105 students) have received threats or insults on social media, 32 % of students said that their videos or pictures have been shared without their permission, and 22% of students have given their passwords to their friends.

Bullying on social media:

EJEA: 59 (26% of) students have helped someone in a situation of cyberbullying.

31 (16 % of) students have admitted uploading pictures or videos of someone without their content, and 70 students (37% of the student population surveyed) know someone who has suffered cyberbullying.

16 (8% of) students admit having forwarded compromising pictures of someone to other Whatsapp groups.

KANGASALA: 103 (41% of) students have helped someone who has been bullied on social media.

60 students (24 % of the student population surveyed) have uploaded pictures or videos of someone without their content,

35 students (14 %) admit having forwarded compromising pictures of someone to other Whatsapp groups.

STUDENTS' KNOWLEDGE OF *CYBERBULLYING*, *SEXTING* AND *GROOMING*

EJEA: In terms of how students perceive internet risks, 72.7 % of students know what *cyberbullying* means; however, only 30.6 % know the word *sexting*, and only 22.5% know what *grooming* is.

KANGASALA: Regarding internet risks, 50% of students know what *cyberbullying* is, and 46 % say that they are not sure. 48 % of the students surveyed know what *sexting* is, and 44% of them are familiar with the word *grooming*.

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